

# Banksia Bulletin

Banksia Road Primary School

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**Caring, creative, challenging and achieving**



Tuesday, 21 February 2017

## CALENDAR

### Week 5 2017 February

|                            |  |
|----------------------------|--|
| Monday 20 <sup>th</sup>    | Homework Club Starts<br>P & C AGM from 7pm<br>UN delegates visit our hub |
| Wednesday 22 <sup>nd</sup> | Swimming Carnival<br>Playgroup   |
| Thursday 23 <sup>rd</sup>  | Yr 3 - 6 Assembly from 2:15pm<br>- 5B Item                               |
| Friday 24 <sup>th</sup>    | Uniform Shop 8:45 til 9:15am<br>PSSA Rd 1                                |

### Week 6 2017 February

|                           |   |
|---------------------------|---|
| Monday 27 <sup>th</sup>   | Uniform Shop 8.45 til 9.15am<br>Homework Club |
| Tuesday 28 <sup>th</sup>  | Canteen special 'Pancake Day'                 |
| Wednesday 1 <sup>st</sup> | Playgroup                                     |
| Thursday 2 <sup>nd</sup>  | K - 2 Assembly from 2:15pm -<br>2S Item       |
| Friday 3 <sup>rd</sup>    | Uniform Shop 8:45 til 9:15am<br>PSSA Rd 2     |

### Week 7 2017 March

|                           |   |
|---------------------------|---|
| Monday 6 <sup>th</sup>    | Uniform Shop 8.45 til 9.15am<br>Homework Club<br>District Swimming Carnival |
| Wednesday 8 <sup>th</sup> | Playgroup   |
| Thursday 9 <sup>th</sup>  | Yr 3 - 6 Assembly from 2:15pm<br>- 6P Item                                  |
| Friday 10 <sup>th</sup>   | Uniform Shop 8:45 til 9:15am<br>PSSA Rd 3                                   |

### Upcoming Assembly Items:

2F on 16<sup>th</sup> March & 6N on 23<sup>rd</sup> March

### Upcoming events:

|                                 |                                  |
|---------------------------------|----------------------------------|
| Tuesday 14 <sup>th</sup> March  | District Swimming Carnival       |
| Friday 17 <sup>th</sup> March   | National Anti-Bullying Day       |
| Tuesday 21 <sup>st</sup> March  | Harmony Day                      |
| Wednesday 22 <sup>nd</sup> Mar  | School Photos                    |
| Thursday 30 <sup>th</sup> March | Good as Gold Day                 |
| Wednesday 5 <sup>th</sup> April | K-2 Easter Hat Parade            |
| Thursday 6 <sup>th</sup> April  | Incursion play – 'Puss in Boots' |
| Friday 7 <sup>th</sup> April    | Anzac Day Ceremony               |

### PRINCIPAL'S MESSAGE

It was lovely to see so many parents at the 'Meet the Teacher' last week. Our 22 classes are very settled and as usual, there is a lot happening.

### P & C

Last night was our P & C AGM. It was a record turnout with 30 parents at the meeting. Thank you and congratulations to the following parents who have taken on roles:

President: Jamal El Ghouli

Vice President: Mazen Haddad

Treasurer: Manal Ayoubi

Assistant Treasurer: Mary Letfallah

Secretary: Sarah Shalak

Assistant Secretary: Nassma Bader

Fundraising Coordinator: Dania Jumah

Fundraising Assistants: Fatima El Helou, Kim Haddad, Kylie Elakhras, Nassma Bader, Mary Letfallah, Hajar Youssef, Mona Shouair, Rawa Bassal, Nathalie El-Jammal, Hayat Tartoussi & Fay Ghazzawi

Uniform: Kylie Elakhras, Dania Jumah, Mona Shouair (Fridays only)

Book Club: Rawa Bassal and Manal Ayoubi

## REMINDERS

- Parents must provide an explanation for student absences within 7 days from the first day of any period of absence;
- **Family holidays during the school term should be avoided if possible.** Days off for this purpose (an official exemption is needed) count as absences, are recorded on school reports and also disrupt schooling. Last year 82 students took extended leave (more than 10 days) with the average length of leave 29 school days;
- The teacher's car park is **NOT** to be used as a thoroughfare by students or community members at any time for safety reasons;
- Medication (apart from that stipulated in a Health Care Plan developed by parents, doctor and the school) is not to be administered by any school staff;
- Please contact the office if you need to update contact telephone numbers and or address. Proof of address will be required for updates.

## TRAFFIC ON BANKSIA ROAD

We will trial the optional 3:15pm pick up for three weeks. It started last Monday 13<sup>th</sup> Feb and will conclude Friday 3<sup>rd</sup> March. If you choose the optional 3:15pm pick up, your child will walk to the hall where they will be supervised by a teacher. The teacher will then escort your child to the Banksia Road entrance for a 3:15pm pick up.

## UN DELEGATES VISIT OUR HUB

We hosted thirty UN delegates yesterday who were so impressed with our hub. Great work Mrs Boutros and the many parent helpers who prepared the banquet.



## PSSA. 24<sup>TH</sup> FEBRUARY 2017

| SPORT                               | VENUE   |
|-------------------------------------|---|
| Girls Cricket                       | Graf Park<br>George St. Yagoona               |
| Boys Cricket                        | Allum Park<br>Maiden Street<br>Greenacre      |
| Junior<br>Boys/Girls<br>Basketball  | Basketball Stadium<br>Condell Park            |
| Senior<br>Boys/ Girls<br>Basketball | Basketball Stadium<br>Condell Park            |
| Boys<br>T-Ball/Softball             | Kinch Reserve<br>Third Avenue Condell<br>Park |
| Girls<br>T-Ball/Softball            | O'Neill Park<br>Cooper Rd. Yagoona            |

## Ready, Set, Go! Making Good Food Choices



### Red - Occasionally

These foods will only be offered on one or two occasions per term.

### Amber - Select carefully.

Try not to let these food dominate your choices.

### Green - Go, Go, Go

We encourage and promote these foods. These are the best choices.



# Banksia Rd. Primary School Canteen Menu



## Hot Food

(Green/Amber)

|                           |        |
|---------------------------|--------|
| Vegetable fried rice      | \$4.00 |
| Chicken breast nuggets    | \$3.50 |
| Low fat meat pie w/ sauce | \$3.50 |
| 98 % fat free noodle cup  | \$2.50 |
| Pizza singles             | \$3.00 |
| Chicken fillet burger     | \$4.00 |
| Fish fillet burger        | \$4.00 |
| Fish fingers w/ sauce     | \$3.50 |
| Beef Hotdog               | \$3.00 |
| Vegetable spring roll     | \$3.00 |



## Sandwiches

(Green)

|                           |        |
|---------------------------|--------|
| Baked beans or Spaghetti  | \$2.00 |
| Honey, Jam or Vegemite    | \$2.00 |
| Cheese                    | \$2.50 |
| Cheese w/ tomato          | \$3.00 |
| Leg Ham                   | \$3.00 |
| Leg Ham with Cheese       | \$3.50 |
| Egg, mayo and lettuce     | \$3.00 |
| Tuna, mayo and lettuce    | \$3.00 |
| Chicken, mayo and lettuce | \$3.50 |
| Chicken schnitzel         | \$4.00 |
| Salad w/ cheese           | \$3.50 |



## Snacks/Recess

(Green/Amber)

|                                |        |
|--------------------------------|--------|
| Choco chip cookie              | \$1.00 |
| Salt reduced popcorn           | \$1.00 |
| Red rock deli chips            | \$1.50 |
| Rice sticks chips              | \$1.00 |
| Fruit salad                    | \$2.00 |
| Custard cups                   | \$1.00 |
| Seasonal fruits                | 0.80c  |
| Jelly cups                     | 0.70c  |
| Muffins                        | 0.50c  |
| Mini pie                       | \$1.00 |
| Hash brown                     | \$1.00 |
| Vegetable sticks w/ hummus dip | \$1.00 |
| Fruit cup                      | \$1.00 |
| Fruit skewers                  | \$1.00 |
| Garlic bread                   | 0.50c  |



## Drinks

(Green)

|                           |        |
|---------------------------|--------|
| Plain water               | \$1.50 |
| Big M Milk                | \$2.00 |
| (chocolate, strawberry)   |        |
| 100% Juice (Apple/Orange) | \$1.00 |

## Please note that tomato sauce portion costs 30cents

All food is grilled and oven baked.

Also HALAL meat



Our food is freshly prepared daily on premises.



## Fresh Salad Box

(Green)

|  |        |
|--|--------|
| Plain Salad (tomato, cucumber, lettuce, carrot, french dressing)           | \$4.00 |
| Tabouleh (parsley, tomato, onion) (only THURSDAY)                          | \$4.00 |
| Chicken Salad (tomato, cucumber, carrot, lettuce, french dressing)         | \$5.00 |
| Egg Salad (tomato, cucumber, lettuce, carrot, french dressing)             | \$4.50 |
| Tuna Salad (tomato, cucumber, lettuce, carrot, french dressing)            | \$4.50 |
| Chicken or Egg Caesar (tomato, cucumber, carrot, lettuce, croutons, bacon) | \$6.00 |

## Frozen Treats (summer only)

|                       |        |
|-----------------------|--------|
| Ice Cream             | \$1.50 |
| 100% Frozen juice cup | \$1.00 |
| Slurpee               | \$2.00 |
| Ice blocks            | \$1.00 |



# ***DAILY***

## ***SPECIALS***

### ***Spaghetti bolognese with garlic bread***

**~ \$ 5.00**

***Monday***

~ (Homemade spaghetti served with bolognese sauce made from lean minced meat, succulent tomatoes and herbs to taste served with garlic bread)

### ***Chicken Burrito Wrap***

**~ \$ 5.00**

***Tuesday***

~ (Chicken breast strips, cooked with burrito seasoning, corn and mexican salsa wrapped with lebanese or tortilla bread)

### ***Potato Wedges***

**~ \$ 5.00**

***Wednesday***

~ (Lightly seasoned potato wedges baked and served with light sour cream and sweet chili sauce)

### ***Kebeh Wrap***

**~ \$ 5.00**

***Thursday***

~ (Lean minced meat and crushed wheat patties filled with tabouli and spices to taste wrapped with lebanese bread)

### ***Beef Lasagna with garlic bread***

**~ \$ 5.00**

***Friday***

~ (Lean beef cooked into a tomato sauce and then baked in between layers of pasta sheets and topped w/ low fat shredded cheese served with garlic bread)