



Tuesday, 17 September 2013

Calendar Term 3

Week 10 September

Monday 16 th	P&C Meeting 7pm Yr 3 – Little Kids Big Dreams
Tuesday 17 th	3/4 C & 4F Sydney Tower excursion Stewart House Bags home
Wednesday 18 th	Playgroup 9.30-11.30
Thursday 19 th	5K & 5R CARES Excursion K-6 Assembly 2G
Friday 20 th	Good As Gold Day No PSSA

Term 4

Week 1 October

Monday 7 th	Public Holiday School Closed
Tuesday 8 th	All children and staff return to school
Wednesday 9 th	Playgroup 9.30-11.30

Week 2 October

Monday 14 th	Camp at Myuna Bay leave 8am
Wednesday 16 th	Campers return approx. 3pm
Thursday 17 th	K-6 Assembly K/1N

Week 3 October

Monday 21 st	Yr 5 to BGHS P&C Meeting 7pm
Tuesday 22 nd	Yr 5 to BGHS AFL life goal setting – Stage 2
Wednesday 23 rd	Playgroup 9.30-11.30

Note Home : Bulldogs Jersey Raffle Tickets
 Leroy's Before & After School Care Flyer

PRINCIPAL'S MESSAGE

This is the last week of Term 3. It has been a busy and exciting term, with many reasons to celebrate the success of our school and students.

Congratulations to our Bouncers for their excellent performance at the Greenacre Festival on Sunday. Miss Webster and this group work very hard to produce a polished performance. A huge thank you to our parents who made sure the children were there and ready to perform.



Congratulations also to Mr. Perrett who became a grandfather last week with the welcome arrival to his daughter and husband of a beautiful baby boy. We are sure he will return next term with lots of photos.

This week we celebrate the positive attitude and application to study of our students at Good as Gold day on Friday. Well done to all who will enjoy the special disco.

We remind parents that all students return to school on Tuesday 8th October. Monday 7th is a public holiday. There is no pupil free day at the beginning of Term 4.

We wish all our families and teachers a happy and safe holiday

Mrs. Jenny Eggins

IMPORTANT – ENROL NOW FOR 2014

We are currently taking enrolments for 2014. Our school population is growing and places are limited for students not in our area. If you have a child who will be starting school next year please come to the school and complete an enrolment form. Please let your friends and neighbours who have children starting school next year know that they need to come to the school to enrol. Contact the school office for more details.

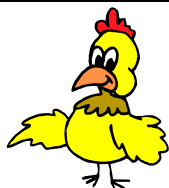
OUR FOCUS VALUE

Responsibility

Being responsible is making sure that we obey our school rules and do the right thing. Responsible students:

- always have their school 'tools' ready
- are at school and class on time
- keep our school clean and tidy by putting all their rubbish in the bin.
- help others & make everyone feel welcome

FROM OUR COOKBOOK



Chicken Maria

Ingredients:

6 chicken breast fillets Bread crumbs
1 tbsp Italian herbs 2 tbsp parmesan cheese
1 tsp white pepper

Method:

Coat chicken fillets with the above ingredients and then place in a baking dish.

Ingredients for Sauce:

½ cup shallots 1 cup mushrooms, sliced
1 pkt cheese sauce 1 ctn fresh cream

Method:

Fry in frypan with a little olive oil, add cheese sauce and cream. Let thicken then pour over chicken. Sprinkle with left over breadcrumb mixture you coated chicken with. Cook for 40 minutes at 180c.

COPIES OF OUR SCHOOL COOKBOOK ARE AVAILABLE IN THE SCHOOL OFFICE FOR \$10

SCHOOL CAMP 3-6

Just a reminder: payment for camp must be paid by the end of the term. Please send full or part payment to the office.

Not long to go now!!! Week 2 Term 4.

PLAYGROUP NEWS

Tomorrow our playgroup will be having a visiting story teller from Greenacre Library.

P&C NEWS

With today's newsletter the P&C are sending out raffle tickets for the signed Bulldogs Jersey. The tickets are \$1 each and will be drawn on 17/10/13. Please return all tickets by 15/10/13.

MERIT AWARDS 13th September

6N	Sydney	100
2J	Jana	80
2J	Amara	80
2G	Baha	80
KJ	Mustafa	60
KJ	Laila	60
KJ	Abdulrahman	60
K/1N	Kasey	60
1/2L	Ayah	60
1/2L	Imogen	60
2G	Mariam	60
2J	Arielle	60
2J	Ghassan	60
2J	Rakia	60
3W	Diaan	60
5K	Bilal	60
5K	Sophia	60
5K	Jamal	60
6P	Jonathan	60
6P	Ruby	60
6N	Amira	60
KR	Malak	40
1K	Adam	40
1K	Hajer	40
1K	Simonet	40
1/2L	Hind	40
2G	Serine	40
3T	Hassan	40
3T	Isabella	40
3T	Samuel	40
3W	Nabil	40
3W	Angela	40
4F	Justin	40
5K	Adam	40
5K	Katesha	40
6N	Abdulmawla	40
6N	Hiel	40
6N	Nourhan R	40
6P	Kya	40
1K	Jana	20
3T	Junayd	20
3T	Mohammed	20
3/4C	Sbrina	20
6N	Hannah	20
6N	Norhan S	20
6P	Sarah	20

PSSA

BOYS CRICKET

Last Friday we played Bankstown at Allum Park.

JUNIORS:

We won 37 to 36 with almost three overs to spare. It was a great team effort. Best players were Mohammed, Abdul, Umer and Ishaq. Justin hit the winning run.

SENIORS:

We lost 36 to 64 against a team that is undefeated. Peter and Faisal played their first game for the senior team. Nasa and Hasann batted well in their partnership and Peter was the best bowler.

SOFTBALL/T-BALL

Last Friday the Boys T-Ball and Softball teams travelled to Middleton Park to verse Condell Park. The T-Ball Boys have greatly improved in their batting abilities and showed that today by finding the gaps on the field. They won their game 13 – 10. The Man of the Match is Nabil for improvement in batting and Jamal for great catching at home plate.

The Softball Boys tried really hard to find the gaps on the field but unfortunately they didn't succeed. Moustafa and Rabih were a great team as pitcher and catcher however, the boys lost their game 4 – 1. The Man of the Match was Ahmed E for a great double play at third base.

FROM MRS K. THWAITES DESK

Science Starters

Did humans live with dinosaurs? Does the Moon disappear in the day? Kids love to know the answers to life's mysteries but there are a few facts they often get wrong in the name of science.

Find out more:

<http://www.schoolatoz.nsw.edu.au/homework-and-study/other-subjects-and-projects/science/10-scientific-facts-your-child-needs-to-know>

Good Number Sense

Maths is a numbers game but for some students- and parents- the figures don't add up. Here are some strategies to help kids to work out sums in their heads in a way that makes sense to them.

Find out more:

http://www.schoolatoz.nsw.edu.au/homework-and-study/maths/maths-a-to-z/-/maths_glossary/Rid5/141/mental%20strategy

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- * Instrument not required initially

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**BANKSTOWN
PODIATRY CLINIC**

Does your child suffer from...

- ✓ Growing pains
- ✓ Stomach pains
- ✓ Pigeon toed/Out toed feet
- ✓ Balance/control and coordination issues
- ✓ Falling over
- ✓ Foot and leg pains
- ✓ Flatfeet
- ✓ Heel pain
- ✓ Knee pain
- ✓ Back pain
- ✓ Bunions



BEFORE **AFTER**

"Special interest in biomechanics and children problems" (2-18 yrs of age)

"Children do not grow out of these conditions, they need correction whilst they're growing"

We also treat general foot problems for all ages such as:
Ingrown Toenails & Nail Problems - Corns - Callus
- Cracked Heels - Warts - Sports Injuries

12A Restwell Street, Bankstown NSW 2200 Ph: (02) 9791 5798



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Get fit for Spring!! Health & Fitness Classes for Women



**When: Every Tuesday
13 August to 17 September 2013
Time: 1.30pm – 2.30pm**

**Where: School Hall
Cost: Gold coin donation
Who: All women – mothers, sisters, aunties, grandmothers, friends
Trainer: Robyn Suttor of Family Fit**

Robyn Suttor is a very experienced and caring exercise specialist and personal trainer. Exercises are carefully designed for your level of ability. Robyn also provides information on important health issues.

Email or phone Anne Maree for more information.

**Join in and get healthy!
Free childcare available**